



# BABY **K'TAN**®

OWNER'S MANUAL



[WWW.BABYKTAN.COM](http://WWW.BABYKTAN.COM)

866.YES.KTAN (937.5826)

CAREFULLY READ & FOLLOW WARNINGS & INSTRUCTIONS. KEEP OWNER'S MANUAL FOR FUTURE REFERENCE.  
Instruction videos at [www.BabyKtanVideo.com](http://www.BabyKtanVideo.com)

A wrap without  
all the wrapping...



## sizing chart



0-4    6-8    10-12    14-16    18-22

**XS/XP**    **S/P**    **M/M**    **L/G**    **XL/XG**



NA    up to 38    39-42    43-46    47-50

Carrier is meant to fit snugly. Age or weight of child is not a factor in sizing. Use pre-pregnancy size. If 5'2" or shorter or in-between sizes, size down.

The Baby K'tan® Baby Carrier is a soft natural cotton baby carrier with an innovative hybrid design that is a cross between a wrap and a more structured front carrier, providing the positions and benefits of both, plus more! There is no other carrier available like it. It is NOT a wrap. It is NOT a sling. It IS unstructured, soft and easy to use, allowing you to comfortably carry your child from 8 - 35 lbs in multiple wearing positions. The Baby K'tan Baby Carrier is like many carriers in one.

### COMFORTABLE, SUPPORTIVE AND EASY TO USE

The Baby K'tan Baby Carrier is made entirely of soft, breathable 100% natural cotton fabric (or half natural cotton, half breathable mesh for Baby K'tan Breeze Carriers) and is azo-dye free. It is strong and durable enough to carry your baby hands-free from 8 to 35 pounds. The cross-stretch in the fabric creates a comfortable and secure pouch to hold your baby, and the second loop of fabric provides added security for your baby and support for your back and shoulders.

It is incredibly easy to use and store!

- No latches, buckles, rings, snaps, zippers or clasps.
- No unflattering bulky fabric.
- No wrapping or complicated instructions.
- Machine washable and dryer safe.
- Comes with a handy storage tote.

The Baby K'tan Baby Carrier is made up of two loops of fabric connected with an adjustable back support band. Simply place the two loops over your head and around your neck like a necklace, slip one arm through one loop and the other arm through the second loop...WOW! It's that easy!

### WHY USE A BABY CARRIER?

Studies have shown that using a baby carrier is beneficial for parent-child bonding and your baby's development. Very young babies who are carried in a baby carrier are typically more content, less fussy and less likely to experience colic.

#### Babies Cry Less

Research has shown that babies who are carried cry LESS (on average). In cultures where babies are carried almost continuously babies tend to cry less than those in non-carrying cultures.

#### Good for Baby's Mental Development

Babies spend more time in a "quiet, alert state" when carried - the ideal state for learning. Their senses are stimulated while being carried (yet there is also a place to retreat). When carried, your baby sees the world from where you do, instead of the ceiling above his/her crib or people's knees from a stroller. And the extra stimulation promotes brain development.

#### Good for Baby's Emotional Development

Babies are quickly able to develop a sense of security and trust when they are carried. They are more likely to be securely attached to their caregivers and often become independent at an earlier age.

#### Good for Baby's Physical Development

By being so close to your body's rhythms, your newborn "gets in rhythm" much more quickly. Your heartbeat, breathing, voice and warmth are all familiar. Research has shown that this helps newborns to adapt to life outside the womb.

#### Good for Babies Whose Caregivers Are Overwhelmed

Babies who are not held need more verbal interaction and eye contact, just to be reassured that you're there. Carrying your baby is a great way to connect with him or her (and provide stimu-

lation too) without the constant necessity of having to interact. Of course your baby is "right there" to enjoy whenever you feel like snuggling, kissing or talking.

Dr. William Sears, a renowned pediatrician says:

- Wearing your baby provides a gentle way of transitioning babies from the calm environment of the womb to that of the outside world.
- Babies in carriers are more receptive to learning, and display enhanced visual and auditory alertness.
- When babies are held closely, the adult and the baby can see each other's faces, leading to frequent verbal and non-verbal interaction, enhancing speech development.
- Babies who are carried in a carrier facing away from the adult get a bird's eye view of the world and its wonders.
- Parents find it easier to carry on their normal daily activities when they wear their babies.

### **NURTURE YOUR BABY AND ENHANCE DEVELOPMENT**

Babies love the physical closeness the Baby K'tan Baby Carrier provides, improving natural parent/child bonding and enhancing your baby's development. The Kangaroo Position (Pg. 7) is meant to mimic the position in which you would hold your baby in your arms, with baby's head at or close to your chest. This position provides infants with a womb-like feeling in which they can snuggle securely to the sound of your heartbeat and the warmth of your body. It also helps soothe colicky or cranky infants and facilitates sleeping or resting. The Carrier is so simple to remove that you can often do so and transition from the Baby K'tan Baby Carrier to car seat, crib, cradle or stroller, without waking your sleeping baby!



As your child grows to a toddler and is able to sit upright in one of the many versatile positions offered by the Baby K'tan Baby Carrier, your child can observe the world around him or her, thereby enhancing development, while being comfortably and securely carried by his or her parent or caregiver.

### **HEALTHY INFANT DEVELOPMENT**

Babies often enter the world with fragile, easily over-stimulated nervous systems. Parents attempt to find the proper balance – to provide their baby with the sensory nourishment he or she requires for optimal development – while simultaneously avoiding over-stimulation. Babies that are carried in the Baby K'tan Baby Carrier can experience the stimulating sounds, sights and smells that their parent experiences while conducting his or her daily activities; yet, at the same time, they are resting comfortably in the soft carrier, finding comfort in the warmth of their parent's body and sound of their parent's heartbeat.

The Baby K'tan Baby Carrier creates the ideal environment for babies with special needs, such as Sensory Integration Dysfunction, Autism, Cerebral Palsy, Down Syndrome and others, by providing tight, swaddled, deep pressure input. Studies have also shown that children with hypotonia (low muscle tone) are adversely affected by carriers that place their legs in excessive abduction (legs spread too far apart). With the Baby K'tan Baby Carrier, we have created a position where babies can still face forward and see the world while having their legs in a more developmentally appropriate posture.

## BACK SUPPORT

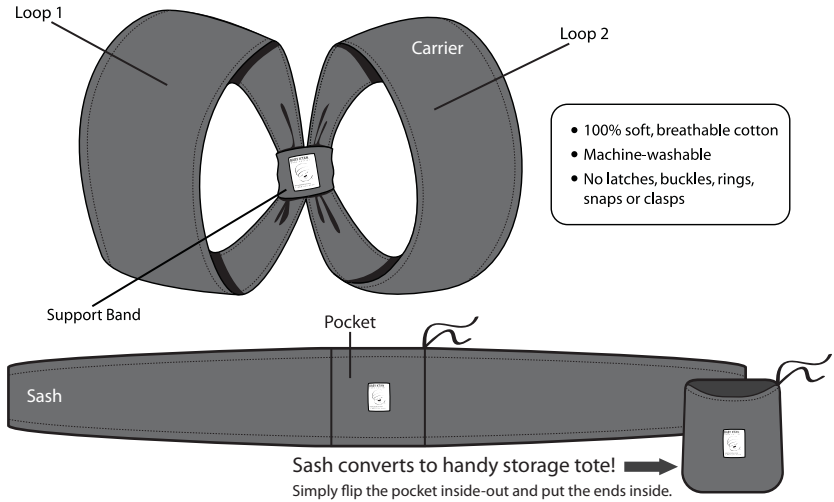
The Baby K'tan Baby Carrier's unique two-loop design and adjustable back support band distributes your baby's weight across both of your shoulders and back, providing support for your back and shoulders. The fabric of each loop can be spread over your shoulders to further distribute your baby's weight.

## SUPERIOR TO OTHER CARRIERS AND WRAPS

Unlike structured front carriers or wraps, the Baby K'tan Baby Carrier is easy to put on and take off, with NO buckles, rings, snaps, zippers or clasps, and NO wrapping involved. And unlike most carriers on the market, the Baby K'tan Baby Carrier offers many versatile positions, allowing you to carry babies to toddlers from 8 to 35 pounds.

## STYLE FOR WOMEN AND MEN

Both women and men love the Baby K'tan Carrier's comfort and look. Available in gender neutral colors, the Baby K'tan Carrier's attractive design, which is stylish yet simple and understated, allows men to be as comfortable about wearing their children in a baby carrier as women. It is like wearing your child in your favorite cotton t-shirt!



**WASHING INSTRUCTIONS:** Machine wash cold with like colors. Only non-chlorine bleach when needed. Tumble dry low. Wash before first use.

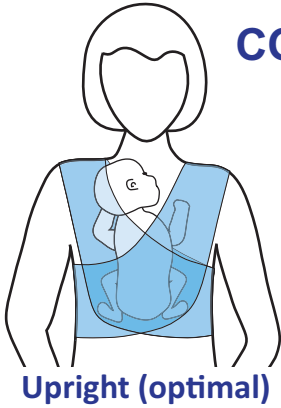
Check for ripped seams, torn straps or fabric and damaged hardware before each use. Store the Baby K'tan® Baby Carrier in a cool dry area in the sash/pouch.

The Baby K'tan® Baby Carrier is made entirely of 100% Natural or Organic Cotton (half natural cotton, half breathable mesh for Baby K'tan Breeze Carriers), and therefore may shrink slightly after washing; however, the cross-stretch of the fabric enables the Carrier to stretch back to original size.

**MATERIAL:** Original Baby K'tan Baby Carrier - 100% natural cotton (exclusive of external labels). Organic Baby K'tan Baby Carrier - 100% organic cotton (exclusive of external labels). Breeze Baby K'tan Baby Carrier - 50% polyester, 50% cotton (exclusive of external labels). Designed in the U.S.A.

# WEARING YOUR BABY K'TAN CORRECTLY

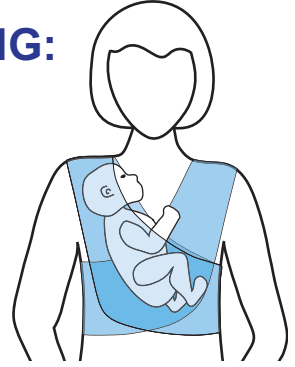
## CORRECT POSITIONING: Visible & Kissable



**Upright (optimal)**

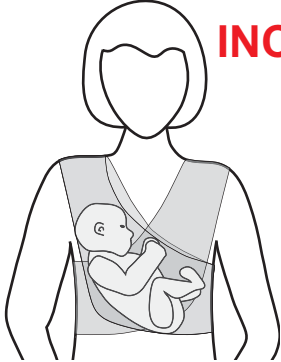
Baby's chin is up; face visible.  
Baby is high on wearer's body.

Baby's nose & mouth are  
free from obstructions.



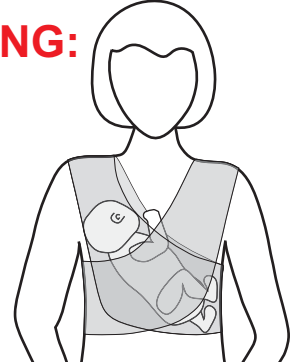
**Semi-reclined**

## INCORRECT POSITIONING:



Baby is hunched with chin  
touching chest; face covered.

Baby is too low; face pressed  
tight against wearer.



## **!**WARNING SUFFOCATION HAZARD

ENSURE THE INFANT'S FACE IS ABOVE THE FABRIC, VISIBLE AND FREE FROM OBSTRUCTIONS AT ALL TIMES. BABIES AT GREATEST RISK OF SUFFOCATION INCLUDE THOSE BORN PREMATURELY, THOSE WITH RESPIRATORY PROBLEMS AND THOSE UNDER FOUR MONTHS OF AGE. ENSURE THE BABY DOES NOT CURL INTO A "C" POSITION WITH THE CHIN RESTING ON OR NEAR THE CHEST. THIS POSITION CAN INTERFERE WITH BREATHING, EVEN IF NOTHING IS COVERING THE NOSE OR MOUTH. NEVER USE THIS CARRIER FOR A PRETERM INFANT WITHOUT SEEKING THE ADVICE OF A HEALTHCARE PROFESSIONAL. CHECK ON THE BABY OFTEN. ENSURE THAT THE BABY IS PERIODICALLY REPOSITIONED.

# SAFETY CHECK-LIST

After placing your baby in the Baby K'tan Baby Carrier, make sure that your baby is positioned correctly by following these basic safety tips:

## Visible & Kissable

Baby has a clear source of air.

If baby does not yet have head control, use one of the loops to support his/her head.

Able to place two fingers between baby's chin & chest.

For positions that require the sash: Sash is securely tied around baby.

For Hug (p.8), Two-Hip (p.8) and Adventure Positions (p.9): Fabric is spread wide, reaching bend in baby's knees, to create a comfortable and secure seat. Check that fabric is not tight on baby's legs.

Look for this symbol at the end of each position, reminding you to do your safety checks!

Time for a  
**Safety Check**  
Pg. 4-5



The Hip Position does not require the "Getting Started" steps below.

## GETTING STARTED

Follow these steps to get started with your Baby K'tan Baby Carrier



The Baby K'tan is made of two loops of fabric connected by an adjustable back support band.

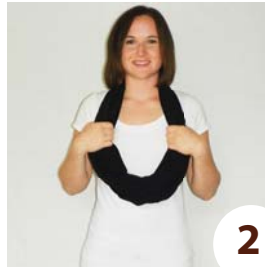
### Helpful Tip

After placing one arm through each loop, the "X" might fall near your neck; simply take a moment to pull it down so that the "X" falls at the center of your front and back.



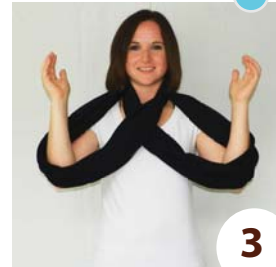
1

Put both loops together to form a circle.



2

Put both loops over your head like a necklace (with support band at the back of your neck).



3

Separate the loops. Place one arm through one loop, and the other arm through other loop.



4

Carrier should now cross ("X") at your front and your back, with support band in the middle of the X at your back.



5

Take the outer loop (the one farthest from your body) and lower it from your shoulder.



6

The outer loop will now be hanging at your waist, and the inner loop will still be lying diagonally across your torso.



Introduce at 8 lbs.  
Use up to about 2-3  
months old.

## NEWBORN KANGAROO POSITION

Continue below after following "Getting Started" Instructions (Pg. 6)

Read and follow Instructions and Warnings (Pg. 16-17) before placing child in Baby Carrier.  
Use extra caution when wearing a baby under 4 months old.



1

Take the inner loop and stretch it open to form a pocket-like seat for baby.



2

Place baby upright (or in an upright fetal position) in the pocket-like seat of the inner loop.



3

Make sure baby is centered in the fabric with an equal amount of material on front and back of baby's body.



4

Place your arm through the outer loop that is hanging at your waist, and pull it back up onto your shoulder.



5

Spread the fabric of the outer loop over baby's back and bottom. Make sure that the fabric does not cover your baby's face.



6

Reach behind your back to slide support band down so that the loops cross at the center of your back (for optimal back support).



7

Adjust fabric on your shoulders so that it is comfortable.

Time for a  
**Safety Check**  
Pg. 4-5

### Helpful Tips

- If your baby does not like being in the carrier, calmly take baby out and try again later.
- Your baby can sense your hesitation. Stay calm and keep practicing.
- Your baby will let you know when he/she is ready to move out of the Kangaroo Position by starting to stretch his/her legs while in the carrier. At this point try the Hug Position.

Introduce when baby fully stretching legs. About 2 months.

# HUG POSITION

Continue below after following "Getting Started" Instructions (Pg. 6)

Read and follow Instructions and Warnings (Pg. 16-17) before placing child in Baby Carrier. Sash must be used in Hug Position in order to secure baby properly in carrier. If baby does not yet have head control, adjust either loop to support baby's head.



1 Hold your baby securely against your body facing inward (towards you).



2 Place the inner loop between your baby's legs and pull it over baby's shoulder. Spread it open to create a comfortable seat for baby.



3 Place your arm through the outer loop (at your waist). Pull it up between baby's legs, over baby's shoulder and onto your shoulder.



4 Reach behind your back and slide the support band down so that the loops cross at the center of your back for optimal back support.



5 Adjust both layers of fabric between baby's legs so that they form a comfortable seat for your baby.



6 Tie sash tightly around your waist and your baby for extra security and additional back support. Sash must be used.



7 Adjust fabric on your shoulders so that it is comfortable.

Time for a **Safety Check**  
Pg. 4-5

## Two-Hip Position

Follow Hug Position instructions, but before tying sash, shift your baby to your side so that baby's legs are straddling your hip. Then continue with Hug instructions.

Two-Hip Position may only be used when baby is able to hold his/her head upright unassisted. For toddlers, shoulder may be free of fabric. Sash must be used.



Introduce when baby has full head & neck control. About 5+ months.

# ADVENTURE POSITION

Continue below after following "Getting Started" Instructions (Pg. 6)

Read and follow Instructions and Warnings (Pg. 16-17) before placing child in Baby Carrier. Adventure Position may only be used when baby is able to hold his/her head upright unassisted. Sash must be used in Adventure Position in order to secure baby properly in carrier.



1  
Hold your baby securely against your body facing outward.



2  
Place the inner loop between your baby's legs and pull it over baby's shoulder. Spread it open to create a comfortable seat for baby.



3  
Place your arm through the outer loop (at your waist). Pull it up between baby's legs, over baby's shoulder and onto your shoulder.



4  
Reach behind your back and slide the support band down so that the loops cross at the center of your back for optimal back support.



5  
Adjust both layers of fabric between baby's legs so that they form a comfortable seat for your baby.



6  
Tie sash tightly around your waist and your baby for extra security and additional back support. Sash must be used.



7  
Adjust fabric on your shoulders so that it is comfortable.

Time for a  
**Safety Check**  
Pg. 4-5

## Helpful Tips

- Ensure that the fabric is spread wide to create a comfortable seat.
- Check that fabric is not tight on baby's legs.
- The Adventure Position should not be used for long periods of time in order to avoid over-stimulation.

Introduce when baby has full head & neck control. About 5+ months.

## EXPLORE POSITION

Continue below after following "Getting Started" Instructions (Pg. 6)

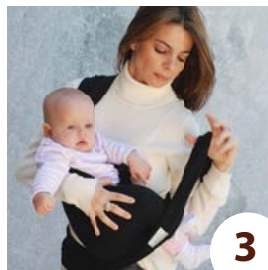
Read and follow Instructions and Warnings (Pg. 16-17) before placing child in Baby Carrier. Explore Position may only be used when baby is able to hold his/her head upright unassisted.



**1**  
Place baby in an upright sitting position in the center of the inner loop.



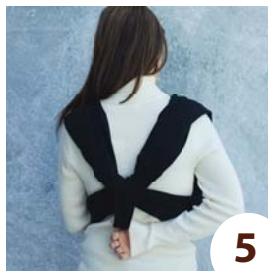
**2**  
Make sure baby is centered in the fabric (as if sitting up in the center of a hammock). Baby's head, shoulders and one or both arms can be free of the fabric.



**3**  
Place your arm through the outer loop that is hanging at your waist, and pull it back up onto your shoulder.



**4**  
Spread the fabric of the outer loop over baby's bottom.



**5**  
Reach behind your back and slide support band down so that the loops cross at the center of your back (for optimal back support).



**6**  
Adjust fabric on your shoulders so that it is comfortable.

### Helpful Tips

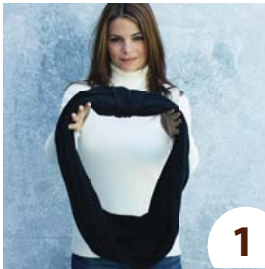
- Some babies may prefer to be seated in a criss-cross applesauce position.
- Toddlers may be more comfortable with their legs sticking out of the Carrier.

Time for a  
**Safety Check**  
Pg. 4-5

Introduce when  
child is able to sit  
up unassisted.

## HIP POSITION

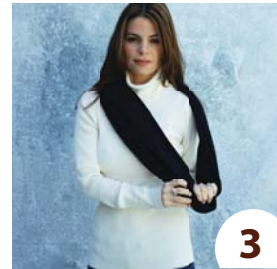
Read and follow Instructions and Warnings (Pg. 16-17) before placing child in Baby Carrier.  
Hip Position may only be used when child is able to sit up unassisted. When carrying your child in the Hip Position, keep one arm encircled around your child's back at all times for support and balance.



Put both loops together to form a circle.



Put both loops over your head like a necklace (with support band at the back of your neck).



Place one arm through BOTH loops and then layer one loop over the other.



Stretch open the fabric of the carrier at your side so it forms a hammock-like seat.



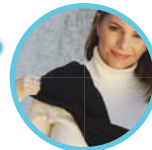
Lift child up and place him/her in the Carrier with legs straddling your hip.  
*Tip: child's shoulders and arms may be free of the fabric.*



Make sure the fabric covers baby's bottom up to under his/her knees and is spread over his/her back.

### Helpful Tips

- For a tighter fit, flip fabric over your shoulder.
- You may tie sash around you and your baby for added support if you so desire.



Time for a  
**Safety Check**  
Pg. 4-5



# BREASTFEEDING & KANGAROO CARE

**Breastfeeding** - In order to have the optimal breastfeeding experience, we suggest practicing at home. Keep in mind that body shape and size may affect your ability to nurse in the K'tan.

**Kangaroo Position/Cradle Style Tips** - From the Kangaroo Position, shift baby so that he/she is reclining, or place baby in the carrier in a reclined (cradle style) position putting baby's head at your breast. You may need to shift and reposition baby so that he/she is able to reach your breast. For a bigger baby, you may free his/her feet from the carrier (use extra caution when nursing in this manner and keep one arm around your baby at all times). Flip the fabric of the inner loop outward so that baby can reach your breast and lift your shirt on the nursing side, or wear a nursing shirt. You may need to support baby's head or body with your hand or forearm. For optimal privacy, spread open the material of the outer loop. You can also tie the sash for further support and coverage. This position may be the easiest for on-the-go nursing and for smaller babies.



**Hug Position Tips** - From the Hug Position, shift the whole carrier, including baby, to your side. You can either shift baby to the side you will nurse on or shift baby to the opposite side and tilt baby to your opposite breast. You may need to shift and reposition baby so that he/she is able to reach your breast. Lift your shirt on the nursing side, or wear a nursing shirt. Spread the material across your shoulders for more privacy. Tie the sash around as you normally would in the Hug Position. You may need to support the baby's head with your hand or forearm.

**Wear One Loop** - If you are unable to find a breastfeeding position which works for you, try lowering the outer loop from your shoulder while seated (essentially wearing half of the carrier). Removing the outer loop will loosen the carrier and give you more freedom to reposition baby. Use extra caution when breastfeeding in this manner and keep one arm around baby at all times. Do not walk or stand while nursing in this position.



**Kangaroo Care** - Kangaroo care is defined as the practice of holding or wearing a newborn, usually preterm infant, skin-to-skin (such as in the Kangaroo Position of the Baby K'tan Carrier). Kangaroo care has been proven to have crucial health benefits for preemies. Kangaroo care helps ensure physiological and psychological warmth and bonding and provides ready access to nourishment; the parent's body temperature helps regulate baby's temperature, the warmth mimics the calming environment of the womb and the close hold enhances successful breastfeeding. **To practice Kangaroo care in the Baby K'tan**, simply remove your shirt and your infant's shirt, and place your newborn skin-to-skin in the Kangaroo Position.

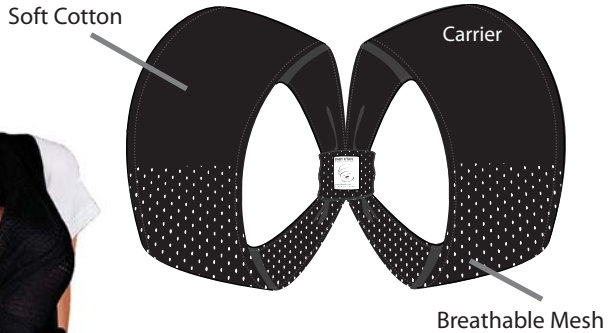
## **WARNING**

IF USING THE SLING WHILE BREAST FEEDING, ALWAYS MOVE THE BABY'S FACE AWAY FROM THE BREAST AFTER THE BABY IS DONE FEEDING. USE EXTRA CAUTION AND CHECK ON BABY OFTEN WHILE BREAST FEEDING IN THE CARRIER TO ENSURE THAT BABY HAS A CLEAR SOURCE OF AIR. REPOSITION BABY TO A MORE UPRIGHT POSITION AFTER BREASTFEEDING. NEVER USE THIS CARRIER FOR A PRETERM INFANT WITHOUT SEEKING THE ADVICE OF A HEALTHCARE PROFESSIONAL. USE EXTRA CAUTION AND CHECK ON BABY OFTEN WHEN WEARING A BABY UNDER 4 MONTHS OF AGE.

# BABY K'TAN *Breeze* BABY CARRIER

The Baby K'tan Breeze Baby Carrier has the same great double loop design as the original Baby K'tan Baby Carrier, but each loop of the Breeze Carrier is comprised of two separate halves - one half is soft natural cotton, while the other is a breathable mesh fabric. This mesh/cotton construction reduces heat and moisture, making it more breathable and comfortable for the infant and caregiver during outdoor use, while retaining the same stability and ease-of-use as the original Baby K'tan Carrier. This unique combination allows for the same comfort as the original Baby K'tan Baby Carrier while at the same time providing more breathability and "breeze," keeping you and baby cool! Like the original Baby K'tan Carrier, the Baby K'tan Breeze is azo dye-free.

In the winter, rotate the loops so that the cotton is at your front, keeping baby warm and cozy.  
In the summer, rotate the loops so that the mesh is at your front, keeping baby cool and breezy!



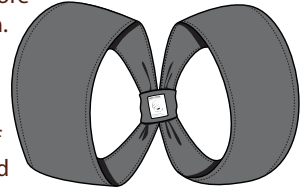
**BABY K'TAN**<sup>®</sup>  
*Breeze* BABY CARRIER



# FREQUENTLY ASKED QUESTIONS

## **What is so unique about the Baby K'tan Baby Carrier?**

The Baby K'tan Baby Carrier is a cross between a sling and a more structured front carrier, providing the positions and benefits of both. Babies can be snuggled, carried upright and can even be carried on your hip. Unlike traditional slings which concentrate your baby's weight load on one shoulder, the Baby K'tan Baby Carrier's unique double-loop design distributes your child's weight across both of your shoulders and back; no more back or neck pain. The second loop also helps secure your baby snugly to your body providing an extra level of safety while on the go.



## **What is the difference between the Baby K'tan and a wrap?**

The Baby K'tan Baby Carrier is a ready to wear carrier, providing all the versatility of a wrap without any of the complicated wrapping. Both a wrap and the Baby K'tan will give you the same end result, but the Baby K'tan is simple to put on; the Baby K'tan is pre-wrapped and sized to the wearer, which allows it to be worn without any wrapping or adjusting. Additionally, the Baby K'tan is lighter and has less fabric than a wrap.

## **What are the age/weight limits of the Baby K'tan?**

The Baby K'tan Baby Carrier is tested for quality and safety for carrying babies from 8 lb. all the way up to 35 lb. (consult your pediatrician for information on using the Baby K'tan with a preemie). Please read all instructions (Pg. 6-12) and safety warnings (Pg. 16-17) before using our carrier.

## **Can my partner and I wear the same Carrier?**

The Baby K'tan Baby Carrier is offered in sizes XS, S, M, L and XL. Please refer to our sizing chart (online or on the side of the box) to determine if you and your partner can wear the same size carrier or if it is beneficial for you to order two different size carriers. We strongly recommend that each wearer uses the correct size carrier.

## **Is the Baby K'tan Baby Carrier adjustable?**

We have designed the Baby K'tan to ensure the safety and comfort of both parent and baby. The carrier has NO buckles, rings, snaps, metal or plastic hoops that could potentially come undone or cause discomfort. When the correct size carrier is purchased, our Baby Carrier is structured to fit the wearer in a secure, comfortable and snug fashion. Therefore, no adjusting is necessary. To get a tighter fit, simply wash and tumble dry.

## **Is the Baby K'tan good for my baby?**

Yes! Babies enter the world with easily over-stimulated nervous systems. Infants that are carried in slings, wraps and baby carriers experience the stimulating sounds, sights and smells that their parent experiences, while at the same time being swaddled in a secure and comfortable position, providing safety and assurance to the infant. Our baby carrier offers a gentle way of transitioning your baby from the calm environment of the womb to that of the outside world. Read more about this on page 1-3, "Why Use a Baby Carrier?"

# FREQUENTLY ASKED QUESTIONS

## **Can the Baby K'tan Baby Carrier be used for children with special needs?**

Yes, it can. It is well known that children with developmental delays and special needs benefit from being carried close to the wearer. The Baby K'tan creates the ideal environment for development and growth. At the same time, it offers infants a tight swaddled, deep pressure input, providing security and assurance to infants with sensory integration dysfunction and other developmental disorders such as Autism and Cerebral Palsy. Studies have also shown that infants with hypotonia (low muscle tone) are adversely affected by baby carriers that place their legs in excessive abduction (legs spread too far apart). With the Baby K'tan Baby Carrier, there is a position where babies can still face forward and see the world while having their legs in a more developmentally appropriate posture. The Baby K'tan Baby Carrier was developed by two couples trying to find the best babywearing solution for their children with special needs.

## **How do I wash and dry my Baby K'tan Baby Carrier?**

The Baby K'tan Baby Carrier is both machine washable and dryer safe. Please follow these simple washing instructions: Machine wash cold, wash with like colors only. Use only non-chlorine bleach when needed. Tumble dry low. Make sure to wash separately before first use.

## **Will my Baby K'tan Baby Carrier shrink after washing?**

The Baby K'tan Baby Carrier is made of 100% cotton knit (and the Baby K'tan Breeze Carrier is 50% cotton, 50% mesh). Accordingly, the carrier may shrink slightly after washing. However, you will also find that the cross stretch of the cotton fabric enables our carrier to stretch with use. If your carrier feels a bit snug after washing, you can simply stretch it a bit to "wear it in."

## **Did we answer all of your questions?**

**If not, please call us at 866.937.5826 and we would be happy to help!**



# **WARNING**

## **WARNING**

FAILURE TO FOLLOW THE MANUFACTURER'S INSTRUCTIONS CAN RESULT IN DEATH OR SERIOUS INJURY. READ AND FOLLOW ALL PRINTED INSTRUCTIONS BEFORE USE. ENSURE THAT THE BABY IS SAFELY POSITIONED IN THE SLING CARRIER ACCORDING TO MANUFACTURER'S INSTRUCTIONS FOR USE.

THE BABY K'TAN BABY CARRIER ("THE CARRIER") IS NOT A CAR SEAT OR A BICYCLE SEAT. NEVER WEAR YOUR CHILD IN THE CARRIER WHILE DRIVING OR BEING A PASSENGER IN A MOTOR VEHICLE OR WHILE RIDING A BICYCLE, SKATEBOARD OR ENGAGING IN ANY SIMILAR ACTIVITY. IN THE EVENT OF AN ACCIDENT OR FALL, YOUR CHILD WOULD NOT BE RESTRAINED AND COULD BE SERIOUSLY INJURED OR KILLED.

## **WARNING SUFFOCATION HAZARD**

CHECK OFTEN TO ENSURE THAT THE FABRIC DOES NOT COVER YOUR CHILD'S FACE AND THAT THE POSITION OF YOUR BODY DOES NOT RESTRICT YOUR CHILD'S AIRFLOW. ENSURE THE INFANT'S FACE IS ABOVE THE FABRIC, VISIBLE AND FREE FROM OBSTRUCTIONS AT ALL TIMES. ENSURE THE BABY DOES NOT CURL INTO A "C" POSITION WITH THE CHIN RESTING ON OR NEAR THE CHEST. THIS POSITION CAN INTERFERE WITH BREATHING, EVEN IF NOTHING IS COVERING THE NOSE OR MOUTH.

WHILE WEARING YOUR CHILD IN THE CARRIER, CHECK OFTEN TO MAKE SURE THAT YOUR CHILD IS NOT TOO HOT, THE FABRIC FITS SNUGLY BUT NOT TOO TIGHT, AND THAT YOUR CHILD IS POSITIONED AT OR CLOSE TO YOUR CHEST AND IS SECURE IN THE CARRIER. IF THE CARRIER DOES NOT FIT SNUGLY OVER YOU AND YOUR CHILD OR FEELS TOO TIGHT, DISCONTINUE USE OF THE CARRIER; YOU MAY NEED A DIFFERENT SIZE.

NEVER PLACE MORE THAN ONE BABY IN THE SLING CARRIER. NEVER USE/WEAR MORE THAN ONE CARRIER AT A TIME.

UNTIL YOUR CHILD HAS SUFFICIENT HEAD AND NECK CONTROL ONLY THE "KANGAROO" AND "HUG" POSITIONS (INWARD FACING POSITIONS) MAY BE USED. DO NOT CARRY CHILD IN ANY OF THE OTHER CARRYING POSITIONS UNTIL YOUR CHILD CAN HOLD HIS/HER HEAD UPRIGHT UNASSISTED. THE "HIP" POSITION MAY NOT BE USED BEFORE YOUR CHILD IS ABLE TO SIT UP UNASSISTED. WHEN YOU ARE WEARING YOUR CHILD IN THE "HIP" POSITION, KEEP ONE ARM ENCIRCLING YOUR CHILD'S BACK AT ALL TIMES FOR SUPPORT AND BALANCE. DO NOT WEAR YOUR CHILD ON YOUR BACK.

# **WARNING**

NEVER LEAVE A BABY IN A SLING CARRIER THAT IS NOT BEING WORN. DO NOT PUT YOUR CHILD IN A CRIB, PLAY AREA OR OTHERWISE LEAVE CHILD UNATTENDED WHILE STILL IN THE CARRIER. A CHILD COULD STRANGLE OR SUFFOCATE IN THE FABRIC IF LEFT UNATTENDED.

## **WARNING FALL HAZARD**

TAKE CARE WHEN BENDING OR LEANING FORWARD. LEANING, BENDING OVER, OR TRIPPING CAN CAUSE BABY TO FALL. KEEP ONE HAND ON BABY WHILE MOVING. ONLY USE THIS CARRIER FOR CHILDREN BETWEEN 8 LB. AND 35 LB. NEVER USE THIS CARRIER FOR A PRETERM INFANT WITHOUT SEEKING THE ADVICE OF A HEALTHCARE PROFESSIONAL. SMALL CHILDREN CAN FALL THROUGH LEG OPENINGS. ADJUST LEG OPENINGS TO FIT BABY'S LEGS SNUGGLY.

THE BABY K'TAN IS DESIGNED FOR USE BY ADULTS WHEN WALKING OR SITTING ONLY. THE CARRIER IS NOT TO BE USED WHILE PARTICIPATING IN STRENUOUS ACTIVITY OR SPORTS. NEVER LIE DOWN WITH YOUR CHILD IN THE CARRIER. THE CARRIER SHOULD NOT BE WORN BY PERSONS WHO ARE EXPERIENCING OR ARE PRONE TO BACK PROBLEMS. NEVER USE THE CARRIER WHEN BALANCE OR MOBILITY IS IMPAIRED BECAUSE OF EXERCISE, DROWSINESS, OR MEDICAL CONDITIONS. YOUR BALANCE MAY BE ADVERSELY AFFECTED BY YOUR MOVEMENT AND THAT OF YOUR CHILD. WHEN WEARING YOUR CHILD IN THE CARRIER MOVE CAREFULLY AROUND DOORWAYS, SHARP EDGES, HOT OBJECTS AND ANYTHING ELSE THAT COULD POTENTIALLY INJURE YOUR CHILD. NEVER USE THE CARRIER WHILE ENGAGING IN ACTIVITIES SUCH AS COOKING AND CLEANING WHICH INVOLVE A HEAT SOURCE OR EXPOSURE TO CHEMICALS.

NEITHER BABY K'TAN, LLC, NOR ITS AFFILIATES, DISTRIBUTORS, WHOLESALEERS OR RETAILERS ARE RESPONSIBLE FOR ACCIDENTS OR INJURIES THAT OCCUR FROM IMPROPER USE OF THE CARRIER OR USE THAT IS NOT RECOMMENDED BY BABY K'TAN, LLC OR AS A RESULT OF ANY SUBSEQUENT ALTERATION OR MODIFICATION TO THE CARRIER.

CHECK FOR RIPPED SEAMS, TORN STRAPS OR FABRIC AND DAMAGED HARDWARE BEFORE EACH USE. IF THERE ARE WORN AREAS OF FABRIC, RIPS, LOOSE SEAMS OR OTHER VISIBLE SIGNS OF DAMAGE OR DETERIORATION TO THE CARRIER, DISCONTINUE USE OF THE CARRIER.

SHOULD YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE CONTACT US AT 1-866-937-5826 OR [INFO@BABYKTAN.COM](mailto:INFO@BABYKTAN.COM)



# BABY **K'TAN**®

If you have any questions, please contact the Baby K'tan® team at  
1.866.YES.KTAN (937.5826) or [WWW.BABYKTAN.COM](http://WWW.BABYKTAN.COM)

Baby K'tan, LLC  
3721 sw 47th Ave.  
Suite 307-308  
Davie FL 33314

READ AND FOLLOW WARNINGS AND INSTRUCTIONS CAREFULLY.

## IMPORTANT! KEEP FOR FUTURE REFERENCE

EN 13209 part 2:2005 Model Number: BKBC

Instruction videos at [www.BabyKtanVideo.com](http://www.BabyKtanVideo.com)

[WWW.BABYKTAN.COM](http://WWW.BABYKTAN.COM)

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